



# UCD School of Veterinary Medicine Online Alumni Mentoring Ice Breaker Activity: Introductions

These questions can be used to begin a conversation in which you introduce yourself and learn more about your mentoring partner. They are a useful way to begin sharing information and can act as an important first step in developing the mentoring relationship and focusing on the roles of the mentor and mentee within that relationship.

1. What's your most important role in life?
2. One thing about me that it's important for people to know is...
3. How do you like to spend your free time?
4. What was the best thing that happened to you this week? This month? This year?
5. Describe yourself in 3 words.
6. How would your friends describe you?
7. Describe a challenging situation you've been in and explain how you resolved it?
8. Name one important skill you think everybody should have.
9. Who is your hero, and why?
10. Who was your favorite teacher/lecturer in school/college and how did s/he impact you?
11. What do you consider to be your greatest achievement?
12. What's the greatest piece of advice a parent or mentor has given you to date?
13. Name two things you consider yourself to be really good at.
14. What skills would you particularly like to develop through the mentoring relationship?
15. What do you hope to gain from your role as a mentor/ mentee?
16. What strengths do you think you will bring to the mentoring relationship?
17. The most important thing I hope my mentee/mentor will gain from working with me is....
18. What is the most important personal attribute that you bring to your job?
19. What's one sentence you'd like to hear from your boss?
20. What do you think you'll be doing 20 years from now?